

Friday, November 13, 2009

Dear Parents:

This week we finished the second week of our **Healthy Me** unit. We learned that our bodies need water, exercise, rest and the proper kinds and amounts of food. We also learned that germs could make us sick. This would be a good time to review healthy habits with your child. Please take some time to check that your child is using proper techniques for eating and table manners, personal hygiene, hand washing, and tooth brushing.

The Alphafriend this week is Bennie Bear who is teaching the children all about the letter "Bb". Your child should be able to randomly identify the letter name and sound for the letters S, M, R, T, and B. He or she should also be able to make each letter's sound and tell you words that begin with each letter's sound.

Parent/Teacher conferences begin on Monday. They will run all next week with the final opportunity to meet on Wednesday, December 2. You should have received a notice of a scheduled time for your parent/teacher conference. If you cannot attend at the scheduled time, please call the school office and the secretary will assist you in making a new appointment. I am looking forward to meeting with you and discussing your child's progress.

Did you know that California state law allows parents/guardians to take time from work to attend school conferences and events? Use the Internet to find out more about this law by going to CTA's web page, "Family Involvement Tips" at <http://www.cta.org/community/family>

Divided into two categories, Parents and the Home and Parents and the School, this section provides you with hands-on activities for family participation outside of the school setting, and tips and ideas for working with teachers on campus. Among other resources, in this section you'll find the popular brochure *Your Child's Education Begins at Home: Seven Steps to Help your Child Learn* in a variety of languages to serve multiple communities.

To make our limited time together more productive, I am sending home a sheet entitled, "Conference Concerns". Return this form to me with your child as soon as possible so that I can prepare to address specific concerns. If you wish, you may also bring the form with you to the conference if you are more comfortable doing that.

Reminder: There is NO SCHOOL during the week of November 23-27 in observance of Thanksgiving.